

FUN WAYS TO EXPRESS THE FIVE LOVE LANGUAGES IN YOUR MARRIAGE

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1

Words of Affirmation

Encourage and uplift him- boost his confidence- with your words.

Tell him how much you appreciate him.

Let him know that you still find him physically attractive.

Write "I Love You" on the bathroom mirror in lipstick.

Hide a loving note in his lunch bag.

2

Physical Touch

Give him a back massage.

Hold his hand in the grocery store.

Unexpectedly pinch his rear end. (My hubby loves this)

Kiss him when he walks in the front door.

Make love.

3

Quality Time

Take a long drive together, just you and him.

Go for a hike or have a picnic.

Get a sitter and go out on the town.

Send the kids to bed early, and spend some time snuggling on the couch.

Plan a weekend away together, just the two of you.

4

Acts of Service

Have dinner prepared when he comes home from work.

Take his car in to be detailed, inside and out.

Run his errands for him.

Mow the grass before he gets around to it.

Allow him to sleep in on the weekends.

5

Receiving Gifts

Give him some "guy time" with his friends.

Purchase tickets to his favorite concert.

Show up unexpectedly at work and treat him out to lunch.

Think of something he's been wanting, and surprise him with it.

Prepare his favorite meal and dessert.